FAMILY VALUES

Value means the worth or merit of a thing or matter. It also refers to beliefs, feelings, and ideas about what is important. Values are based on ideas about what is right, good and desirable. It informs one's behavior.

Values could be positive or negative. Some positive values are freedom, courtesy, good health, orderliness, friendship, leisure, love, patience, respect, tolerance, compassion, fairness, trust, honesty, responsibility, education, and comfort.

Some negative values are dishonesty, envy, falsehood, selfishness and corruption.

Importance of Family Value System

1. It helps family to make decisions.
2. It provides motivation for action.
3. It controls behaviour.

4. It provides confidence, strength, and sense of belonging.