THE HAIR

On the human skin grows hairs. These hairs are like threads that grow on the skin. They help to further regulate body temperature. They add to our appearance figure. They grow on the head, armpits, skin and pubic regions, and do not grow on the foot and palm. The hairs that grow on our head and face are very important as they add to our facial look.

Care of the Hair

- We can care for our hair by washing it with shampoo and any other washing soap.
- We ought to also oil our hair with hair oils so as to keep the hair lubricated against sunshine.
- Combing or brushing the hair should be done regularly.
- Good hairstyle or cut should be done.
- Hairs on the face should be well taken care of like hairs on the head.